



**LITTLE KINGDOM
INTERNATIONAL SCHOOL**

**HOLIDAY HOMEWORK
SESSION: 2024-25
CLASS IV**



THEME: HEALTH IS WEALTH

“The groundwork for all happiness is good health.”



We have chosen the theme of health because it is crucial to stay fit, especially during the scorching summer heat. Kids often forget to wash their hands while playing and tend to eat junk food. To teach everyone in a fun way that "health is wealth," we're focusing on good habits. In hot weather, it's essential to stay hydrated by drinking plenty of water and eating water-rich fruits. Avoid eating junk food and opt for a balanced diet filled with vegetables, fruits, proteins, and whole grains.

**Wishing everyone a fun and healthy holiday!
Enjoy your summer!**






Message for parents





Dear parents,



Holidays are a cherished time that children eagerly wait for, offering a wonderful opportunity for them to refresh and have a healthy break. It's a perfect period for students to develop new skills and hobbies, ensuring they have plenty of fun. Encouraging them to engage in activities that develop skills and hobbies not only adds joy to their vacation but also fosters personal growth.



Additionally, holiday homework plays a crucial role in shaping their intellectual minds. It offers a chance to apply and experience what they've learned in school, fostering a deeper understanding of concepts. Exploring the locations mentioned in their study materials or making models of the concepts learnt in Science, these are the fun activities that create a clear foundation.



As we embark on this holiday journey, let's make the most of it by encouraging our children to take up opportunities for their growth. Wishing you all an enriching holiday season filled with cherished memories and meaningful experiences.



Warm regards,

Principal

Little Kingdom International School



HOLIDAY HOMEWORK

• English

Design a Health Magazine

Design a mini health magazine. Include articles, interviews, recipes, and tips for staying healthy. Add drawings, photos, and a fun cover page. Make it colorful and engaging.

• Science

Craft a Simple Stethoscope

·**Objective:** Learn about doctors' tools and the circulatory system.

·**Activity:** Create a basic stethoscope using a rubber tube and a plastic funnel. Use it to listen to your heartbeat or the heartbeat of a family member.

For reference use this link -

<https://youtu.be/eyQt7o6q96U>

• Social Science

Hygiene around the World:

·**Objective:** Explore hygiene practices in different cultures.

·**Activity:** Choose a country or region of your choice. Research and create a mini-poster or presentation about hygiene practices specific to that place. Topics can include hand washing, dental care, bathing, etc.

• Hindi

स्वास्थ्य से संबंधित कविता लिखें:

« उद्देश्य: बच्चों को स्वास्थ्य के महत्व को समझाना।

« गतिविधि: एक स्वास्थ्य से संबंधित कविता लिखें। अपनी भाषा में लिख सकते हैं और उसमें स्वास्थ्य के महत्व को व्यक्त कर सकते हैं।

• Punjabi

ਸਵੱਸਥ ਖਾਣ-ਪੀਣ ਦੀ ਜਾਣਕਾਰੀ ਦੀ ਪੋਸਟਰ ਬਣਾਓ:

o ਉਦੇਸ਼: ਬਚਿਆਂ ਨੂੰ ਸਵੱਸਥ ਖਾਣ-ਪੀਣ ਦੀ ਮਹੱਤਤਾ ਦੀ ਜਾਣਕਾਰੀ ਦੀ ਪੋਸਟਰ ਬਣਾਉਣਾ।

o ਗਤੀਵਿਧੀ: ਸਵੱਸਥ ਖਾਣ-ਪੀਣ ਦੀ ਜਾਣਕਾਰੀ ਦੀ ਪੋਸਟਰ ਬਣਾਉ।